



# GRASS SLEDGES

Age: 4+



## Heyswood - Conditions of use

1. Participants must always be supervised by a competent person.
2. Participants should be suitably dressed with no loose items of clothing or jewellery and no open toed shoes. Long hair should be tied back.
3. It is recommended that younger girls wear safety helmets when using the sledges.
4. Users should work in pairs to carry sledges from shed lifting with knees bent and straight back.
5. Only one forward facing participant should ride on each grass sledge at a time.
6. Ensure slope is clear before setting off.
7. Hands should always be kept inside the sledge and should rest on the brake handles in case there is a need to brake.
8. Participants should pull the empty sledge back up the side of the slope ready for next participant.
9. The group is responsible for its own First Aid requirements.
10. Adequate supervision of anyone in the area who is not taking part in the activity must be provided - this should be kept to a minimum.
11. When a session is complete all excess mud and grass should be brushed from the sledge tracks before being returned neatly to the shed in a safe state for the next session.
12. Any damaged or missing equipment must be immediately reported to HMC.
13. Girlguiding accepts no responsibility for damage or injury resulting from use of the grass sledges unless proven negligent.

Group: .....

Leader's name: .....

**I have completed a risk assessment I have read and understood these conditions and agree to comply with them.**

Signed: .....

Dated: .....