



## Aeroball - Heyswood Risk Assessment

**Description:** A mixture between trampolining and basketball where participants bounce on a trampoline bed while attempting to score through their opponent's basket with a soft ball

**Learning Outcomes:** Bouncing and timing control, accuracy of shot, aerobic exercise and fun

**Leaders are responsible for reviewing and adding to the Risk Assessment which is recommended to be completed during a site visit. These are to be shared with the Leadership Team.**

**Girlguiding members:** Girlguiding Consent Forms must be completed for any participant under 18, signed by parent/carer and appropriate Commissioner informed of intended activities

**For non-Girlguiding events / users:** The hirer must ensure appropriate insurance cover for the activities undertaken and provide evidence if requested by Heyswood Management Committee

Hazards <i>What could cause harm or damage?</i>	Who or what is at risk of being affected and how?	What are you already doing? <i>How have you reduced the risk already?</i>	Likelihood of Risk Occurring (L / M / H)	Severity of Risk (L / M / H)	Are further controls necessary? <i>What else needs to happen to reduce the risk to an acceptable level?</i>	Action by: name & date
Lack of Supervision	Participants	Named Leader responsible for activity Leader gives participants safety briefing	L	L	Named activity Leader to sign Conditions of use form Ensure you have the correct ratio of girls to leaders for your section	Leader
Injury due to slip, trip or fall or collision	Participants	Surface checked before starting Strictly only one participant on each trampoline bed Discarded shoes to be stored tidily	M	L	First Aider and 1 <sup>st</sup> Aid Kit available GG Accident notification form	Leader
Faulty equipment	Participants	Visual inspection by leader prior to use	L	M	Report any issues to HMC	Leader
Unsuitable clothing / footwear	Participants	Socks to be worn, no other footwear permitted No jewellery and long hair tied back	L	M	Leaders to monitor	Leader

Mounting & dismounting	Participants	Enter trampoline beds head first and exit feet first	L	M	Supervise changeover	Leader
Strains & sprains	Participants	Ensure appropriate warm up. Consider bounce and stop control Strictly no somersaults	L	L	Supervision	Leader
Pinched finger / friction burns	Participants	Keep away from springs Do not hang on nets	L	L	Springs covered with protective mats	Leader
Adverse weather conditions	Participants	Be aware of exhaustion particularly in hot weather Girls drink water & take regular rests	L	M	Check weather forecast, cancel if not suitable	Leader