



Low Ropes - Heyswood Risk Assessment

Description: Participants complete the Low Rope course as a group by working through challenges

Learning Outcomes: Accepting a challenge, taking a risk, fun

Leaders are responsible for reviewing and adding to the Risk Assessment which is recommended to be completed during a site visit. These are to be shared with the Leadership Team.

Girlguiding members: Girlguiding Consent Forms must be completed for any participant under 18 signed by parent/carer and appropriate Commissioner informed of intended activities

For non-Girlguiding events / users: The hirer must ensure appropriate insurance cover for the activities undertaken and provide evidence if requested by Heyswood Management Committee.

| Hazards <i>What could cause harm or damage?</i> | Who or what is at risk of being affected and how? | What are you already doing? <i>How have you reduced the risk already?</i> | Likelihood of Risk Occurring (L / M / H) | Severity of Risk (L / M / H) | Are further controls necessary? <i>What else needs to happen to reduce the risk to an acceptable level?</i> | Action by: name & date |
|--|---|---|---|---------------------------------|---|------------------------|
| Lack of Supervision | Participants | Named Leader responsible for activity has completed a familiarisation course Participants are briefed in the use of all equipment prior to the session Leaders /adults continuously monitor and assess the risks for the group, 'spotting' participants as required | L | L | Named activity Leader to sign Conditions of use form Recommend 1:8 ratio unless determined less by your unit | Leader |
| Faulty equipment | Participants | All equipment checked and maintained according to manufacturer's guidelines Visual inspection by leader prior to use, including platforms Leaders/adults are given training to spot incorrect wearing of safety equipment | L | L | All helmets will be checked before they are put away Report any issues to HMC | Leader |

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| Injury due to slip, trip or fall from elements | Participants | Participants are given a safety brief prior to session of potential hazards Woodchips/mulch laid in challenge course area Leader/adult to ensure that no more than three participants on the platform at any one time Participants are spotted by leaders/adults throughout the course Ensure suitable clothing / footwear is worn, no loose clothing or jewellery | M | L | Helmets worn throughout the session First Aider and 1 st Aid Kit available GG Accident notification form Leader to take mobile phone to the Low Ropes activity due to the location on site | Leader |
| Tripping over/onto wires | Participants | Participants briefed on danger of wires Leaders/adults ensure groups walk within the challenge course area | M | L | Helmets worn throughout the session First Aider and 1 st Aid Kit available | Leader |
| Trapped hand, feet or fingers | Participants | Participants to be briefed clearly on potential hazards Trained leaders/adults to facilitate task of moving planks | M | L | | Leader |
| Health issues | Participants | Leaders/adults to check any medical needs have been catered for | L | L | Leaders should have consent forms with health issues & emergency contact details First Aider and 1 st Aid Kit available | Leader |
| Adverse weather conditions Slippery surface | Participants | Leader to check platforms before session starts for safety Participants to have water bottle in case of dehydration | L | L | Check weather forecast Keep an eye for changes in weather Session may be cancelled in adverse weather conditions | Leader |