



## Orienteering - Heyswood Risk Assessment

**Description:** There are 19 posts at Heyswood with maps available for four pre-planned route options; Short Course, Medium Course, Long Course and Star Course

**Learning Outcomes:** Navigational skills, map reading, teamwork, challenge and fun.

**Leaders are responsible for reviewing and adding to the Risk Assessment** which is recommended to be completed during a site visit. These are to be shared with the Leadership Team.

**Girlguiding members:** Girlguiding Consent Forms must be completed for any participant under 18, signed by parent/carer and appropriate Commissioner informed of intended activities

**For non-Girlguiding events / users:** The hirer must ensure appropriate insurance cover for the activities undertaken and provide evidence if requested by Heyswood Management Committee.

Hazards <i>What could cause harm or damage?</i>	Who or what is at risk of being affected and how?	What are you already doing? <i>How have you reduced the risk already?</i>	Likelihood of Risk Occurring (L / M / H)	Severity of Risk (L / M / H)	Are further controls necessary? <i>What else needs to happen to reduce the risk to an acceptable level?</i>	Action by: name & date
Lack of Supervision	Participants	Named Leader responsible for activity Leader gives participants safety briefing Incident procedure - establish where leader will be based	L	L	Leader aware of time expectation for group Be aware of other site users and possible vehicle movements Ensure you have the correct ratio of girls to leaders for your section	Leader
Injury due to slip, trip or fall	Participants	Reminder of uneven ground and rough vegetation Suitable footwear to be worn	M	M	First Aider and 1 <sup>st</sup> Aid Kit available GG Accident notification form	Leader
Medical emergencies e.g. asthma	Participants	Inhalers etc to be carried	L	M	First Aid Kit Be aware of any medical conditions	Leader

Brambles & vegetation -	Participants	Reminder of rough vegetation and potential scratches, nettles Suitable clothing & footwear to be worn	L	L	Team members to look out for each other	All
Adverse weather conditions	Participants	Ensure suitable clothing and footwear for the environmental conditions (sun protection, dehydration)	L	M	Check weather forecast	Leader